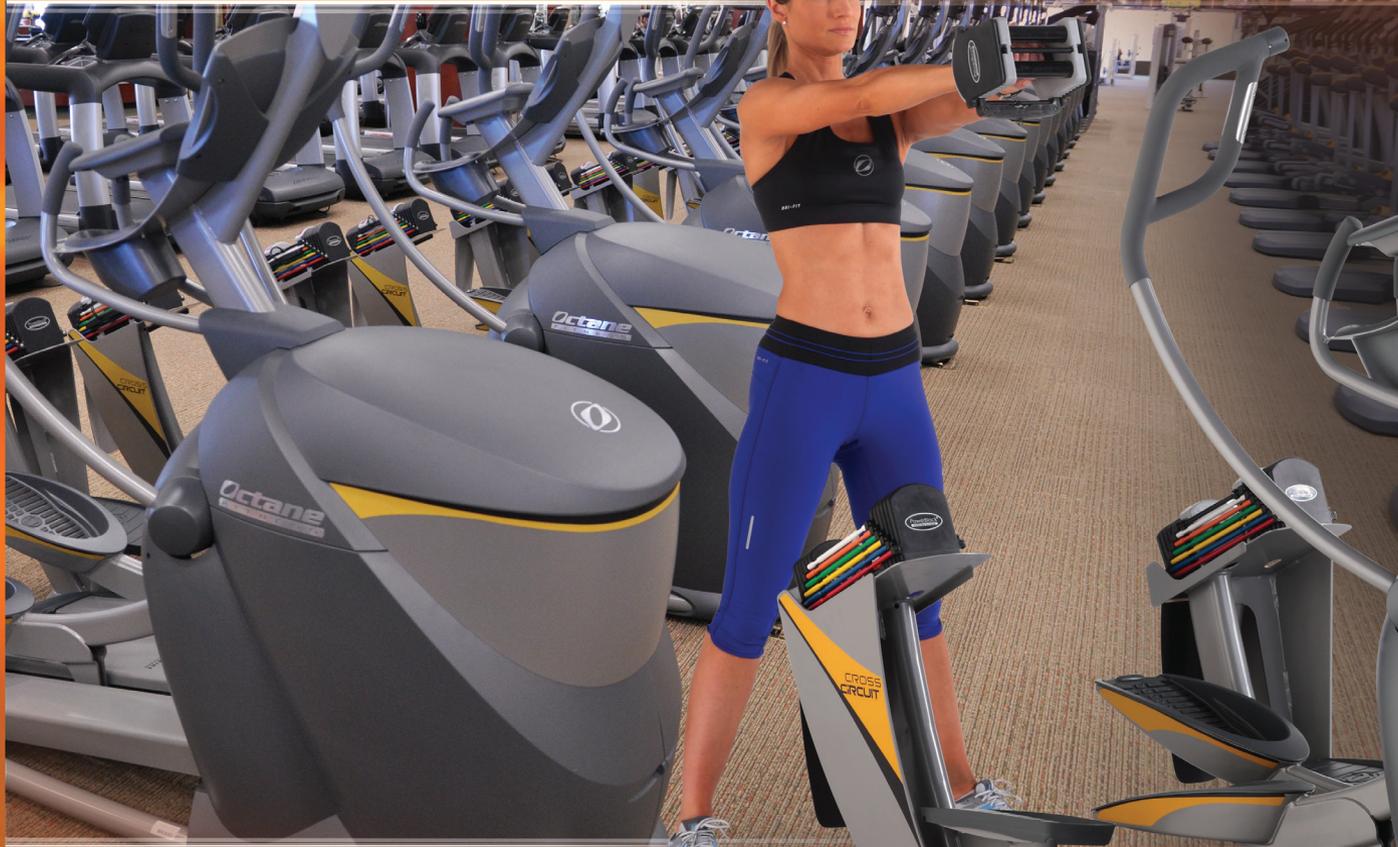


INTERNATIONAL COMMERCIAL PRODUCTS



Octane
FITNESS

FUEL YOUR LIFE

THE COMPANY

HOW DO WE BUILD THE BEST ELLIPTICAL TRAINERS?

Being the best in the industry takes relentless hard work, commitment and focus. At Octane Fitness, we are defined by our hunger to innovate. By breakthroughs that revolutionize elliptical training and create new ways to exercise. By our unwillingness to settle. And by our passion to excel and deliver the absolute greatest ellipticals.

Our perseverance results in an avalanche of Best Buy awards and top rankings, clubs worldwide that demand our products and lives that are continually fueled.

Dedicated to reinventing low-impact cardiovascular exercise, only Octane equips your club with premium, progressive standing and seated ellipticals, strength-infused cardio with CROSS CIRCUIT® and unique lateral elliptical trainers. Capitalize on our mission to engineer elliptical domination.



LATERAL ELLIPTICALS

Move in an entirely new direction with this ingenious way to workout, which combines smooth, 3-D motion that goes from a vertical elliptical stepping motion to an active side-to-side motion for functional exercise that challenges more muscles for more results.

P. 6

Octane
FITNESS

ELLIPTICAL DOMINATION

FOUR CATEGORIES OF ELLIPTICALS PROVEN TO FUEL YOUR MEMBERS AND YOUR CLUB



STANDING ELLIPTICALS

It's no surprise that these ellipticals are preferred by 75% of health club members. Perfected over time with biomechanics, natural motion, a slew of motivating workouts and plenty of thoughtful comfort features, these premium elliptical machines fuel every fitness floor.

P. 8

OCTANEFITNESS.COM



SEATED ELLIPTICALS

This innovative platform combines all the benefits of traditional standing elliptical exercise with the comfort of a seat – plus exclusive PowerStroke™ technology and resistance training to engage more muscles, burn more calories and accomplish way more than other seated machines.

P. 14



CROSS CIRCUIT® ELLIPTICALS

Multi-task to the max with these invigorating cardio and strength combined workouts, which encourage members to take on personal challenges, give trainers valuable variety and enable clubs to capitalize on a new profit center.

P. 16

PRODUCT LINE

THE SCIENCE

PERFECTING THE FUTURE OF FITNESS

The best ellipticals are born from inspiration, perspiration and exploration. Octane blends bold creativity with precision engineering and exhaustive research to perfect elliptical exercise for today...and tomorrow.

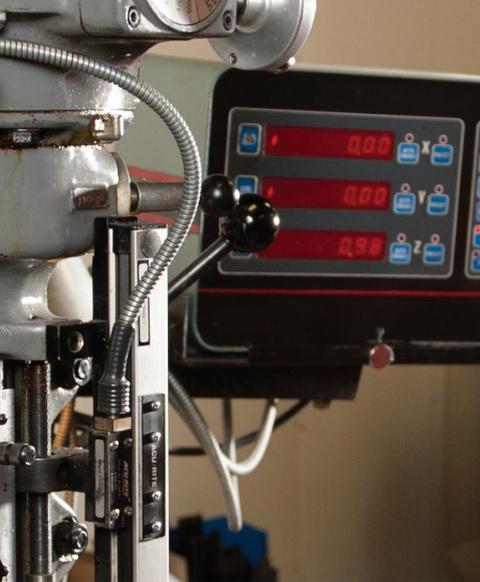
Continually studying biomechanics and ergonomics to fine-tune physical movement, Octane's engineers use computer solid modeling, video evaluation and finite element analysis (FEA) computer simulation to design the most natural and effective workouts.

Then we partner with leading universities, scientists and health clubs to put our machines to the test to uncover exactly how they affect the human body... so we can make the best even better.

Premium materials, quality manufacturing, punishing reliability testing and uncompromising standards are ingredients in every Octane elliptical. We demand exceptional performance so that we can exceed your expectations and obliterate the status quo.

Octane
FITNESS





THE RESULTS

YOUR MEMBERS FEEL AND SEE THE DIFFERENCE

Let's face it – if your members aren't satisfied, your club won't thrive. Octane ellipticals help drive your business daily by enticing potential members, motivating current members and keeping everyone coming back for more. What's not to love?

75% of health club members
rate it superior

95% of health club members
want Octane in their clubs

No need to take our word for it – surveys of health club members show that Octane is the top elliptical choice, with 75% rating Octane workouts as superior. In fact, more than 95% of members said that they wanted Octane ellipticals at their facility. They consistently praise the overall natural feel; intuitive, customizable motion; and upper-body comfort and variety.

Seize this critical success factor to reap maximum ROI.



THE LATERAL X

MOVE IN A NEW DIRECTION

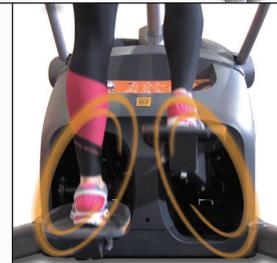
LATERAL X
MOVE IN A NEW DIRECTION

LX8000

Add a new dimension and excitement to the cardio floor with the LateralX elliptical that delivers functional challenges, more muscle demands and greater caloric burn.

OCTANE ADVANTAGES

- Adjustable lateral 3-D motion
- 27% increase in caloric expenditure*
- 30% increase in hip abductor/adductor activity*
- Adds muscle confusion with 10 varying planes of motion
- Great for sports, rehab and stability training, working the hips, thighs and glutes
- CROSS CIRCUIT and Embedded Touch Screen compatible



LATERAL MOTION

Active side-to-side motion that increases caloric expenditure by 27% and engages more lower body muscles.

STEPPING MOTION

An additional movement option that simulates a stepping movement for added variety or recovery.

UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars better engage the upper body and assist with fitting every exerciser better.

CROSS CIRCUIT

Exercisers get better results from greater conditioning and motivation, and clubs and trainers benefit from a powerful new revenue source.

LX8000 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Electronically adjustable lateral width	•
Converging Path™ handlebars	•
MultiGrip™ handlebars	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out option	•
1-time adjustable handlebar position	•
Soft grip pedals	•
Low step-up height	•
Water bottle holder	•
Reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Lateral width adjustments	10
Resistance levels	30
Digital heart rate on moving handlebars	•
Wireless heart rate ready	•
Console fan (3 speeds)	•
Self-powered	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinxx® compatible	•

WORKOUTS

Number of programs	13
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Goal - distance or calorie	•

LATERAL WIDTH PROGRAMS

Lateral Interval	•
Dual Direction	•

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Interval	•
Fat Burn	•

ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Power - Watts or METs	•

WORKOUT BOOSTERS

X-Mode™	•
ThighToner™	•
QuadPower™	•

ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○
Embedded Touch Screen	○

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	42" x 63" (106 cm x 160 cm)
Product weight	388 lbs (176 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	44" x 75" (111 cm x 190 cm)
Product weight with CROSS CIRCUIT stands	438 lbs (198 Kg)
Parts	3 years



THE PRO4700

A STRIDE AHEAD

PRO4700

The best elliptical machine available, this top-of-the-line powerhouse is loaded with exclusive Octane breakthroughs including SmartStride® to fuel every workout with exceptional comfort and challenge that drive valuable results.

OCTANE ADVANTAGES

- Electronically adjustable stride
- Converging Path & MultiGrip handlebars
- Biomechanically correct close pedal spacing
- Low step-up height
- Advanced training - 30:30 and MMA
- CROSS CIRCUIT and Embedded Touch Screen compatible



SMARTSTRIDE®

An unmatched feature that automatically adjusts stride length to replicate walking, jogging, running and moving backwards.

UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars that better engage the upper body and assist with fitting every exerciser better.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

SPACE-EFFICIENT DESIGN

Significantly shorter than other premium ellipticals or treadmills; fits conveniently in small spaces.

PRO4700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride lengths	18"-26"
Electronically adjustable stride	•
Pedal spacing	1.8"
Low step-up height	•
Soft grip pedals	•
Covered track and rollers	•
Converging Path™ handlebars	•
MultiGrip™ handlebars	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out	•
1-time adjustable handlebar position	•
Water bottle holder	•
Reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on moving handlebars	•
Wireless heart rate	•
Console fan (3 speeds)	•
Self-powered	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinxx® compatible	•

WORKOUTS

Number of programs	22
--------------------	----

PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

STRIDE LENGTH PROGRAMS

PowerWalk	•
Stride Interval	•
Dual Direction	•

WORKOUT BOOSTERS

SmartStride®	•
X-Mode™	•
GluteKicker™	•
ArmBlaster	•

METABOLIC ASSESSMENT PROTOCOL

New Leaf Metabolic Assessment	•
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ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○
Embedded Touch Screen	○

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
Footprint - live area (W x L)	34" x 83" (86 cm x 210 cm)
Product weight	340 lbs (154 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	39" x 84" (99 cm x 213 cm)
Product weight with CROSS CIRCUIT stands	425 lbs (192 Kg)

WARRANTY

Parts	3 years
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THE PRO3700

CONVERGE ON THE BEST-FEELING ELLIPTICAL

PRO3700

The preferred model by health club members, Octane's incredibly popular Pro3700 is known for delivering the absolute best-feeling workouts.

OCTANE ADVANTAGES

- Converging Path & MultiGrip handlebars
- Biomechanically correct pedal spacing
- Advanced training - 30:30 and MMA
- Exclusive workout boosters
- 2 available stride lengths in 1 machine
- CROSS CIRCUIT and Embedded Touch Screen compatible



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars that better engage the upper body and assist with fitting every exerciser better.

30:30 INTERVAL

An exclusive ability to train like the pros with the 30:30 interval challenge program from Athletes' Performance.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

LCD EXPERIENCE

Please every member with iPod™ compatible, individual viewing screens for the ultimate workout experience.

PRO3700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride lengths	24" & 20.5"
Pedal spacing	1.8"
Low step-up height	•
Soft grip pedals	•
Covered track and rollers	•
QuadLink™ Drive	•
Converging Path™ handlebars	•
MultiGrip™ handlebars	•
Fingertip controls on moving handlebars	•
Moving handlebar lock-out	•
1-time adjustable handlebar position	•
Water bottle holder	•
Reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready	•
Console fan (3 speeds)	•
Self-powered	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinxx® compatible	•

WORKOUTS

Number of programs	19
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

METABOLIC ASSESSMENT PROTOCOL

New Leaf Metabolic Assessment	•
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ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○
Embedded Touch Screen	○

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
	Jogging Stride 34" x 79" (86 cm x 200 cm)
Footprint - live area (W x L)	Running Stride 34" x 83" (86 cm x 210 cm)
Product weight	320 lbs (145 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	39" x 84" (99 cm x 213 cm)
Product weight with CROSS CIRCUIT stands	405 lbs (83 Kg)

WARRANTY

Parts	3 years
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THE PRO310

SMALL FOOTPRINT, BIG VALUE

PRO310

Great features and programs you expect from Octane in a space-efficient package for quiet, safe operation.

OCTANE ADVANTAGES

- Space-saving design
- Converging Path & MultiGrip handlebars
- Biomechanically correct pedal spacing
- Advanced training - 30:30
- Exclusive workout boosters
- Low step-up height



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars that better engage the upper body and assist with fitting every exerciser better.

30:30 INTERVAL

An exclusive ability to train like the pros with the 30:30 interval challenge program from Athletes' Performance.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

ARMBLASTER

For an unrivaled total-body experience, this trademark workout combines cardio with intense upper-body strength intervals.

PRO310 SPECIFICATIONS

• Standard ◦ Optional — Unavailable

KEY MECHANICAL FEATURES

Stride lengths	20.5"
Close pedal spacing	•
Low step-up height	•
Converging Path™ handlebars	•
MultiGrip™ handlebars	•
Moving handlebar lock-out	•
1-time adjustable start/stop handlebars	•
Water bottle holder	•
Reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	20
Digital contact heart rate on moving handlebars	—
Digital contact heart rate on stationary handlebars	•
Wireless heart rate	•
Self-powered	—
HeartLogic™ Intelligence	•

WORKOUTS

Number of programs	12
--------------------	----

PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	—
Custom Interval	•
Beginner	•
Hill	—
10K	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	—
Heart Rate Custom Interval	•
Heart Rate Hill	—
Heart Rate Speed Interval	—

ADVANCED PROGRAMS

30:30 Interval	•
MMA	—
Constant Watts	—
Constant METs	—
350 Calories	•
750 Calories	•
Half Marathon	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

METABOLIC ASSESSMENT TEST

New Leaf Metabolic Assessment	—
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ENTERTAINMENT OPTIONS

Personal Viewing Screen*	◦
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PRODUCT SPECIFICATIONS

Max user weight	300 lbs (136 Kg)
Footprint (W x L)	31" x 65" (79 cm x 165 cm)
Footprint - live area (W x L)	34" x 76" (87 cm x 193 cm)
Product weight	260 lbs (118 Kg)

WARRANTY

Parts	2 years
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*External controller required

THE xR6000

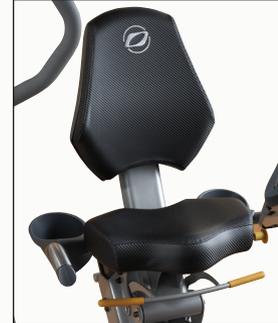
CHANGING HOW YOU FEEL
ABOUT SEATED WORKOUTS

xR6000

Satisfy the demand for comfort, challenge and variety on the cardio floor with the unique xRide seated elliptical, delivering incredible effectiveness to everyone from beginners to athletes.

OCTANE ADVANTAGES

- 343% more glute activity*
- Burn 23% more calories*
- Active Seat Position™
- Challenging upper-body workout
- Step-through design
- Embedded Touch Screen compatible



POWERSTROKE™

Distinct from recumbent bikes, the longer ellipse motion challenges muscles differently with forward and backward directions, longer range of motion and greater glute involvement.

CHEST & LEG PRESS

Exercisers combine cardio and strength training efficiently with vigorous interval repetitions at high intensity.

CUSTOMIZED COMFORT

The Active Seat Position™ accommodates any size exerciser, by offering more tilt and height adjustments for the perfect fit to maximize comfort and variety.

LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

xR6000 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Step-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	5
MultiGrip™ handlebars	•
1-time adjustable handlebar position	•
Stationary handlebars	•
Water bottle/accessory holders	2
Reading rack	•
Transport wheels	•
Upper body lockout	○
Pedal straps	○

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	•
Fingertip controls on stationary handles	•
Console fan (3 speeds)	•
Self-powered	•
HeartLogic™ Intelligence	•
CSAFE®	•
FitLinxx™ compatible	•

WORKOUTS

Number of programs	16
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

ADVANCED PROGRAMS

30:30 Interval	•
Constant Watts	•
Constant METs	•

WORKOUT BOOSTERS

Muscle Endurance	•
Leg Press	•
Chest Press	•

ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○
Embedded Touch Screen	○

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	36" x 71.5" (91 cm x 181 cm)
Product weight	319 lbs (145 Kg)

WARRANTY

Parts	3 years
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THE CROSSCIRCUIT

BUILD A BETTER WORKOUT

CROSSCIRCUIT® STRENGTH INFUSED CARDIO

Kick start your members' motivation and generate a big buzz on the gym floor with Octane's exclusive new CROSS CIRCUIT, which adds tremendous energy and interest—along with efficiency and results—to individual, small group or class workouts.

OCTANE ADVANTAGES

- Strength and cardio training in one location
- Faster results
- Energize the cardio floor
- Boost personal training revenue
- Compatible on the LateralX, Pro4700 and Pro3700 ellipticals



GROUP TRAINING

Uniquely combines strength and cardio intervals for individual workouts, or instructor-led one-on-one, small group or class sessions.

SIDE STEPS

Users take their legs out of the action and emphasize their chest, back, shoulders and arms for greater workout variety.

POWERBLOCK® DUMBBELLS

Eight dumbbells combined into one. PowerBlock dumbbells are adjustable, which allows more versatility, and progression options are limitless.

TRAINING MATERIALS

Receive customized workout cards and program booklet to quickly get the program up and running.

The CROSS CiRCUIT Advantage

- Turns your fitness floor into a revenue-producing training area
- Auditory and visual prompts from the console, weight stands, side steps, boosters and PowerBlocks combined create the ultimate, full-body workout
- PowerBlocks are available in 32 lbs or 50 lbs options for the utmost flexibility for all fitness levels
- Customized training templates are available to help kick start your club's program



ADVANCED TRAINING

MIXED MARTIAL ARTS (MMA)

Punch Up the Intensity. Program Mimics Real-Life Bouts.

Mixed martial arts, or MMA, is an all new type of sport that has become a favorite worldwide. Octane Fitness has designed a creative new workout on its elliptical machines that **mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.** With built-in flexibility to meet each fighter's unique needs, the Octane MMA program challenges and motivates as the machine "fights back." Fight-inspired prompts such as "punch and move" and "throw it" make the sessions fun, and the built-in responsive resistance feels like the real thing—a battle of strength and power.

THE 30:30 WORKOUT

Motivates and Challenges. Improves Heart Rate Recovery Fitness.

The 30:30 program is an innovative new workout program available exclusively on Octane Fitness elliptical machines. **It motivates and challenges exercisers of all abilities.** With consistent use, the workout shows measurable improvement with one's heart rate recovery score, which is an indicator of fitness level. The 30:30 interval program was designed by Paul Robbins of Athletes' Performance to increase cardiovascular performance for elite athletes, but works equally well for deconditioned exercisers. The 30:30 program also works as a fitness measurement tool; the faster the heart rate recovery, the greater the fitness level. Tracking improvements in heart rate recovery is a key factor in measuring overall fitness condition.

TOUCHSCREENS

INTERACTIVE WORKOUTS AND ENTERTAINMENT

Totally elevating the workout experience, the new Embedded Touch Screen fuels members, improves retention and increases sales—and jump-starts your club's standout status.

OCTANE ADVANTAGES

- Split screen feedback
- Unique booster videos
- Custom user profiles
- Available on the LateralX, Pro4700, Pro3700, and xR6000 ellipticals

INTUITIVE NAVIGATION

Easy for the first-time user and is smartly designed to simplify navigation of entertainment and workout options with a fingertip, so exercisers quickly get on and go.

ENTERTAIN AND ENERGIZE

Exclusive to Octane, a split screen simultaneously displays entertainment and live workout stats, so exercisers can easily track intensity and progress without having to toggle between screens.

INTERACTIVE WORKOUTS

The Embedded Touch Screen encourages members to get the most out of their workout by providing instant exercise feedback.



HEART RATE VIEW



BAR CHART VIEW



TRACK VIEW



INTERACTIVE BOOSTER VIEW

	LateralXtouch	Pro4700touch	Pro3700touch	XR6000touch
• Standard				
○ Optional				

FEATURES

15" widescreen, Intel® Atom® processor	•	•	•	•
Touch screen navigation	•	•	•	•
Poron® moisture and shock barrier	•	•	•	•
Secondary LCD backup display	•	•	•	•
Rubberized iPod®/phone tray	•	•	•	•
Magazine and iPad® holder	•	•	•	•
USB port	•	•	•	•
Wireless heart rate ready Polar® and ANT+®	•	•	•	•
Console fan (3 speeds)	•	•	•	•

WORKOUTS

Number of programs	16	16	14	11
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MULTIMEDIA

iPod audio and video	•	•	•	•
Analog/Digital TV ¹	•	•	•	•
Replaceable headphone jack	•	•	•	•

WARRANTY

3-year parts	•	•	•	•
90-day on headphone jack	•	•	•	•

¹Verify compatibility with your system prior to purchase

WHO USES OCTANE?

HEALTH CLUBS AND RECREATION CENTERS

INTERNATIONAL

Aktiv helse studio
Al Corniche Club
Amagerbro Fysioterapi
Anytime Fitness
Arkadens fysioterapi
Balance Fitness
Be Fit
Berkelhoek
Beweeg.Fysio
Bio Ritmo
Body Culture
BodyTech Brazil
BodyTech Colombia
Celebrity Fitness
Christoppark
Club Body Shop
Cordia Sportsworld
Credit Suisse
Crunch
Cube Fitnessclub
Danish Crown Esbjerg
Dansk Fitness
De Koormolen
DGI-huset Århus
Dit center - Fitness for alle
Ejbyhallen
Elro Arena Randers
Enkhuizer Sportcentrum
Esprit Fitness
Family Fitness
FIFA, Worldheadquater
FitFun Health & Racket Club

Fitness Centrum Bolnes
Fitness Club Ben Herder
Fitness Club D-double-A
Fitness Factory
Fitness First
Fitness på 1
Fitnesspark
Fitnesspark Einstein
Fitplus
Franco's Power Gym
Fysiotherapie Haarstraat
Gogo Liikuntakeskus City
Gogo Liikuntakeskus Park
GymBox
Happy Hour
Healthworks by Sodexo
Højbyhallen
Hørning Fitness
Hukka
Injoy
Jumps, Ludwigsburg
Just Fitness, Heidelberg
Key2 Fitness
KFUM-hallen
Laco Sport- en Recreatiecentrum
Let's Go
M.T.M. Active
Mahorokan Sports club
Mapet
Mike's Gym
OBBC
Olympia Fitnesswereld

Physio Med Glarnerland
Pure Fitness
Randers regions hospital
Rehabilitation and Physiotherapy Centers:
RIVA Fitness
Romalt Fitness
Roslev
Rückgrat
Seasons Fitness
Skørpinghallen
Smart Fit
Snap Fitness
Spital Limmattal
Spomed
Sport & Fitness
Sportium
Sports City
Sports Life
Sports Life Peru
Sports World
Sportcentrum Physique
Sportcentrum Rivium
Stoker Health & Rehab
Swiss Chalet
Team World of Fitness
Technische Universität Dortmund
Temple Gym
Time Out
TM Tønder Fitness
TT Therapie & Trainingszentrum
UFC
Van Hellemond Sport

Venice Beach
Viby Fysioterapi
Well-come Fitness
Wellness Centre Zeist
Westwood Clubs
Workzone
World Gym
YMCA
Zénith

KEY UNITED STATES ACCOUNTS

24 Hour Fitness
Anytime Fitness
Athletes' Performance
Bally Total Fitness
Crunch
Equinox
Gold's Gym
Life Time Fitness
Snap Fitness
UFC Gym
XSport
YMCA



CORPORATE WELLNESS CENTERS

Abercrombie & Fitch

Abundance Technology

Anheuser-Busch

Auto Trader

Bemis Company, Inc.

Blue Cross Blue Shield

Bosma Industries

Bridgestone Firestone

Del Monte Foods

Delta Air Lines

Facebook

Federal Reserve Bank of Atlanta

Ford Motor Company

Georgia Pacific Corporate HQ

Google Inc.

Honeywell

Intel

Johnson & Johnson

KLA-Tencor

Louisville Slugger

New Leaf Fitness

Procter & Gamble

Reebok Corporation

Ritz-Carlton

Rubbermaid

Safeway, Inc.

Sallie Mae

Sleepy's

SYSCO Food Service

The Hershey Company

The NorthFace Corporate HQ

Toyota USA

Turner Athletic Club (CNN)

UPS

Verizon

Walgreens

Wellmark

COLLEGES AND UNIVERSITIES

Bellarmine University

Binghamton University

Birmingham City University

Bowling Green State University

Carnegie Mellon

Columbia University

Clemson

Cleveland State University

Duke University

Gardner Webb, NC

Georgetown

Georgia State University

Hood College, MD

Imperial College, London

Indiana University

James Madison University, VA

Jamestown College Rec Center

Methodist College

Michigan State University

Minnesota State University

Mount St. Mary's College

Northeastern University

Ohio State University

Ohio University

Pensacola State College

Plymouth State University

RPI

Ryerson University

Salisbury University, MD

Sam Houston State University, TX

Seton Hall University, NJ

South Dakota State University

Stonehill College

Syracuse

Duke University

UMASS

University of Birmingham

University of Edinburgh

University of Georgia

University of Illinois

University of Iowa

University of Kentucky

University of Louisville

University of Maryland

University of Memphis

University of Rochester

University of Southern Florida

University of Tennessee

University of Wisconsin

University Washburn University, KS

Virginia Commonwealth

UWIC, Cardiff

Wesley College, DE

PRO ATHLETIC TEAMS

Arizona Cardinals

Arizona Diamondbacks

Carolina Panthers

Chicago Bears

Cleveland Browns

Indiana Pacers

Kansas City Chiefs

New York Giants

San Francisco 49ers

LOCAL AUTHORITIES AND LEISURE TRUSTS

Serco Leisure

Life Leisure/Stockport Sports Trust.

Tonbridge and Malling Council

Nuneaton and Bedworth Leisure Trust.

Cardiff Council

Rhondda Cynon Taf Council

Beau Sejour Leisure Centre, Guernsey

London Borough of Richmond upon

Thames Council

Aquaterra Leisure

Westminster Council

Ft. Sam Houston (Metc)

Utah Army National Guard

Joint Base Langley – Eustis

Scott Air Force Base

Patrick Air Force Base

173rd Wing Oregon Air National Guard

Defense Logistics Agency

U.S. Coast Guard

U.S. Border Patrol

U.S. Marshals Service

MOD (Ministry of Defence)

MILITARY/GOVERNMENT

Naval Special Warfare Group Four

Fort Bragg (Special Operations)

Macdill Air Force Base

(Special Operations Command)

U.S.S. John C. Stennis (Supercarrier)

U.S. Marine Corps Base

Camp Pendleton

Nellis Air Force Base

Naval Air Station Pensacola

U.S. Marine Corps Air Ground

Combat Center 29 Palms

D.H.S. Federal Law Enforcement

Training Center

U.S. Naval Academy

U.S. Air Force Academy

Orlando V.A. Medical Center

COMPARISON: STANDING MODELS

	• Standard – Unavailable ○ Optional	LateralX	LateralXTouch	Pro4700	Pro4700Touch	Pro3700	Pro3700Touch	Pro310
KEY MECHANICAL FEATURES								
Stride lengths	–	–	18"-26"	18"-26"	24" & 20.5"	24" & 20.5"	20.5"	
Electronically adjustable	Lateral Width	Lateral Width	Stride	Stride	–	–	–	
Close pedal spacing	–	–	•	•	•	•	•	
Low step-up height	•	•	•	•	•	•	•	
Soft grip pedals	•	•	•	•	•	•	–	
Covered track and rollers	–	–	•	•	•	•	–	
Converging Path™ handlebars	•	•	•	•	•	•	•	
MultiGrip™ handlebars	•	•	•	•	•	•	•	
Fingertip controls on moving handlebars	•	•	•	•	•	•	–	
Moving handlebar lock-out	–	–	•	•	•	•	•	
1-time adjustable start/stop handlebars	•	•	•	•	•	•	•	
Water bottle holder	•	•	•	•	•	•	•	
Reading rack	•	•	•	•	•	•	•	
Transport wheels	•	•	•	•	•	•	•	
ELECTRONIC FEATURES								
Resistance levels	30	30	30	30	30	30	20	
Digital contact heart rate on moving handlebars	•	•	•	•	•	•	–	
Digital contact heart rate on stationary handlebars	–	–	–	–	–	–	•	
Wireless heart rate	•	•	•	•	•	•	•	
Console fan (3 speeds)	•	•	•	•	•	•	–	
Self-powered	•	–	•	–	•	–	–	
HeartLogic™ Intelligence	•	•	•	•	•	•	•	
CSAFE®	•	•	•	•	•	•	–	
FitLinxx™ compatible	•	–	•	–	•	–	–	

	• Standard – Unavailable ○ Optional	LateralX	LateralXTouch	Pro4700	Pro4700Touch	Pro3700	Pro3700Touch	Pro310
WORKOUTS								
Number of programs		13	16	22	16	19	14	12
PRESET RESISTANCE PROGRAMS								
Manual	•	•	•	•	•	•	•	•
Random	•	•	•	•	•	•	•	•
Interval	•	•	•	•	•	•	•	–
Distance goal	–	•	–	•	–	•	–	–
Calories goal	–	•	–	•	–	•	–	–
Goal - distance or calories	•	–	–	–	–	–	–	–
Custom Interval	–	–	•	–	•	–	•	•
Beginner	–	–	–	–	–	–	–	•
Hill	–	–	•	–	•	–	–	–
10K	–	–	•	–	•	–	•	•
HEART RATE-CONTROLLED PROGRAMS								
Fat Burn	•	•	•	•	•	•	•	•
Cardio	–	–	•	–	•	–	•	•
Heart Rate Interval	•	•	•	•	•	•	•	–
Heart Rate Custom Interval	–	–	•	–	•	–	•	•
Heart Rate Hill	–	–	•	–	•	–	–	–
Heart Rate Speed Interval	–	•	•	•	•	•	•	–
New Leaf® Custom	–	–	•	–	•	–	–	–

	• Standard – Unavailable ○ Optional	LateralX	LateralX touch	Pro4700	Pro4700 touch	Pro3700	Pro3700 touch	Pro310
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ADVANCED PROGRAMS

CROSS CIRCUIT® Solo	•	•	•	•	•	•	•	–
CROSS CIRCUIT® Group	•	•	•	•	•	•	•	–
30:30 Interval	•	•	•	•	•	•	•	•
MMA	•	•	•	•	•	•	•	–
Constant Power - Watts or METs	•	–	–	–	–	–	–	–
Constant Watts	–	•	•	•	•	•	•	–
Constant METs	–	•	•	•	•	•	•	–
350 Calories	–	–	–	–	–	–	–	•
750 Calories	–	–	–	–	–	–	–	•
Half Marathon	–	–	–	–	–	–	–	•

STRIDE LENGTH PROGRAMS

PowerWalk	–	–	•	–	–	–	–	–
Stride Interval	–	–	•	•	–	–	–	–
Dual Direction	•	•	•	•	–	–	–	–
Lateral Interval	•	•	–	–	–	–	–	–

WORKOUT BOOSTERS

SmartStride®	–	–	•	•	–	–	–	–
X-Mode™	•	•	•	•	•	•	•	•
GluteKicker™	–	–	•	•	•	•	•	•
ArmBlaster	–	–	•	•	•	•	•	•
ThighToner™	•	•	–	–	–	–	–	–
QuadPower™	•	•	–	–	–	–	–	–

METABOLIC ASSESSMENT TEST

New Leaf Metabolic Assessment	–	–	•	–	•	–	–	–
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	• Standard – Unavailable ○ Optional	LateralX	LateralX touch	Pro4700	Pro4700 touch	Pro3700	Pro3700 touch	Pro310
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PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)	400 lbs (181 Kg)	400 lbs (181 Kg)	400 lbs (181 Kg)	400 lbs (181 Kg)	400 lbs (181 Kg)	300 lbs (136 Kg)	
Footprint (W x L)	42" x 63" (106 cm x 160 cm)	42" x 63" (106 cm x 160 cm)	31" x 69" (78 cm x 175 cm)	33" x 69" (83 cm x 175 cm)	31" x 69" (78 cm x 175 cm)	33" x 69" (83 cm x 175 cm)	31" x 65" (79 cm x 165 cm)	
Footprint - live area (W x L)	42" x 63" (106 cm x 160 cm)	42" x 63" (106 cm x 160 cm)	34" x 83" (86 cm x 210 cm)	36" x 83" (91 cm x 210 cm)	Jogging Stride 34" x 79" (86 cm x 200 cm)	Jogging Stride 36" x 79" (91 cm x 200 cm)	34" x 76" (87 cm x 193 cm)	
Footprint with CROSS CIRCUIT® stands (W x L)	44" x 75" (111 cm x 190 cm)	44" x 75" (111 cm x 190 cm)	39" x 84" (99 cm x 213 cm)	39" x 84" (99 cm x 213 cm)	39" x 84" (99 cm x 213 cm)	39" x 84" (99 cm x 213 cm)	39" x 84" (99 cm x 213 cm)	–
Product weight	388 lbs (176 Kg)	388 lbs (176 Kg)	340 lbs (154 Kg)	345 lbs (156 Kg)	320 lbs (145 Kg)	325 lbs (147 Kg)	260 lbs (118 Kg)	
Product weight with CROSS CIRCUIT® stands	438 lbs (198 Kg)	438 lbs (198 Kg)	425 lbs (192 Kg)	430 lbs (195 Kg)	405 lbs (183 Kg)	410 lbs (185 Kg)	–	

WARRANTY

Parts	3 years	2 years*					
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*Vertical facility

FUELYOUR CLUB



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